

Prepare your kids for the future. Keep them strong.

# TELL THEM

# IT'S OK TO SAY NO TO GROG



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For more tips and free resources on dealing with teenagers and grog go to:

[www.yourroom.com.au](http://www.yourroom.com.au)  
Click on the 'Campaigns and  
resources' button

Email: [drugaction@doh.health.nsw.gov.au](mailto:drugaction@doh.health.nsw.gov.au)  
Phone: (02) 9424 5946

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