



Get healthy and reduce your alcohol consumption



Start a healthy discussion that's all about you.

GETTING STARTED IS EASY.
simply call **1300 806 258**

MONDAY-FRIDAY | 8AM-8PM
[FREE INTERPRETER SERVICES AVAILABLE]

OR REGISTER ONLINE AT
www.gethealthynsw.com.au and a
qualified health coach will call you.



Health

get healthy
Information & Coaching Service